

October 9, 2022

WITH LOUD VOICES

Nurturing Faith and Spirituality at Home

As we continue in the Season after Pentecost, the longest season of the church year, we are reminded that we grow as people of faith and disciples of Christ in times together and times apart.



In this last half of the Season after Pentecost, stories of faith and encounters with Jesus give us the opportunity to think about how we can live faithfully in our daily lives and grow together as the church. This is an exciting journey of discovery, encouragement, and transformation.

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This week, we join the healed and redeemed by making a joyful noise to our God. We remember, too, that there are times when we must raise our voices and be loud about what God is doing.

Gratitude and Praise

Read [Luke 17:11–19](#) or **listen** to the audio story “[Ten Are Healed](#)” or **gather** around as someone shares the story “[Jesus Heals](#)” in this week’s Exploring Our Faith.

Jesus heals ten people who are living with a skin disease. While we do not know the story of the other nine, the gospel writer tells us that one came back to say thank you to Jesus and to give God praise. When good things happen, it is wonderful to stop and give thanks to God and then continue on rejoicing in the great things God does. Life is full of challenges. Yet, there is cause for joy, too. When we remember that, the journey goes more smoothly.

- **What are some ways we might live thankful lives?**
- **What are some ways you might do that this week?**

Video “A Grateful Day”

Join in celebrating Brother David Steindl-Rast’s timeless message in “[A Good Day](#).” Delight in the beautiful video footage by A Network for Grateful Living.

Create, Decorate

Thank you tree

Follow the [directions](#) in this week’s Exploring Our Faith and create a thank you tree.

Activity page

Use markers, pencils and/or crayons to decorate the picture on this week’s [activity page](#).



During the Week

Jesus invites the ten to go and return to the community so they might be part of it again. Although we might not experience dramatic physical healing, we can step out in faith and allow God to heal relationships or personal wounds that make us unwell.

Seek healing for a relationship that is broken.

Take action that will help make your relationship healthy again.

Gratitude

Each evening this week, follow a gratitude practice as described on this week's [Practicing Our Faith](#) page.

Reflect How might gratitude enable acts of justice and care for all Creation?

Prayer

Ever-present God,
we believe you are with us
wherever we go.
May our lives flourish in this love
in every place and time.

Listen to the song "I Am Sent by God/*Enviado Soy de Dios*" (MP3 available [here](#) for purchase and download).
Visit [Lection Connection](#) for current events that connect with this week's scriptures.

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